

In this video series, you will know the



## 3 THINGS YOU NEED TO DO BEFORE A CAREER CHANGE



## Prepare Your Mindset

Preparing your mindset is key. When you're going to make a change for yourself, mindset can really play a negative part in your head. If you are not prepared for certain things, it's going to sabotage you and may not allow you to move forward and decide on changing your career or doing something new. One mindset to prepare for is guilt. You may feel guilty that you're going to leave or that you're going to leave what you've been doing. Another mindset to prepare for is fear. You may have a fear of losing your seniority, losing your benefits, your time off that you've accrued, or even doing something new. Working through these mindsets will prepare you to make a change in your career.

## **Have A Solid Personal Brand**

Having a solid personal brand is important. Key questions to ask yourself to formulate your personal brand:

- What do I stand for?
- What am I an expert at?
- What is my unique brilliance?
- What is my promise to what I am going to do?
- What are my non-negotiables as it comes to finances?
- Understanding and having a solid personal brand will help you finalize what you want to try and do in the next phase of your career.

## **Create An Environment For Success**

Create an environment for success by looking at your current office or workspace. What does it say about you? Does it say that you are ready for a new thing, or are you ready for a new challenge? Or does it say that "hey, you know what, I' m gonna be here a while"? Or does it say you could care less?

Put something in your environment that makes you feel good (a picture, plant, motivational quote). Place items that will create a successful vibe for you. Create an environment for success by attracting some successful vibes to you even if your exit plan may take some months to accomplish.